



Warning Signs of Drug Use

They're not always obvious.

Drugs affect people in different ways, and each drug has varying effects upon those who use them. This is why it is so important to stay aware of what is going on in your home as well as with your child.

We have compiled a list of warning signs for drug usage and addiction (Opiates in white). This list is not definitive and your child may show signs that are not listed below.

Be especially alert if your loved one has experienced a life changing or traumatic event (from abuse to a new baby or moving) or if you see any change in behavior, habits or patterns.

If you suspect your child or a friend is using drugs, **don't be afraid to be wrong**. Get guidance immediately from a professional.

Note: These Warning Signs were compiled from multiple sources inclusive of our personal experience and the experience of others. Please feel free to share other indicators that you have experienced. For more information, visit :

www.robbyvoice.com

www.dare.com,

www.Livestrong.com

www.theantidrug.com



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PHYSICAL CHANGES

Pinpoint Pupils (Opiates)
Nodding Off
Coordination Changes
Slurred Speech
Altered Sleep Habits
Blood Shot Eyes
Poor Hygiene/Odor
Wearing Same Clothes
Frequent Illness/Colds
Needle Marks
Frequent Nose Bleeds
Burn Marks
Dilated Pupils (Stimulants/Pot)
Dramatic Weight Changes
Odd Accidents/Injuries
Staph Infections (dirty needles)
Breath Odor



Top to Bottom:
Normal
Dilated
Constricted

ENVIRONMENTAL ITEMS

Syringes/Needles
Tin Foil, Wax Paper, Cotton Balls
Sand Paper, Spoons, Burnt Foil
Lighters, Rubber bands
Missing Meds/Cough Syrup/Alcohol
Long Sleeves in Warm Weather
Belts with Teeth Marks (tourniquet)
Receipts from Odd Parts of Town
Odd Storage Devices
Locked Doors
Gummy's, Jolly Ranchers, Ring Pops
Unusual or non-normal Odors
Dryer Sheets, Cigar Wrappers

BEHAVIORAL CHANGES

Nodding/Hard to Wake
Change in friends
Out of Money/Needs Money
Increased Bathroom time
Out every night/Run Away
Out of/Needing Money
Secret Phone Calls
Hiding Internet/Phone/Text Use

Code Words
Sweaty/Chills (withdrawal)
Irritable/Isolation/Paranoia
Heavy Use of Eye Drops, Nasal Spray or
Breath Mints
Use of Cologne/Perfume